



WHOLE30

WEEK 3

DAY 15

EGG MUFFINS
BEEF WITH BROCCOLI
SWEDISH MEATBALLS



DAY 16

BREAKFAST CASSEROLE
BACON RANCH POTATO SALAD
BUFFALO CHICKEN DIP

DAY 17

BREAKFAST HASH
GRILLED CHICKEN STRAWBERRY SALAD
BEEF STEW

DAY 18

SWEET SAUSAGE HASH
BUFFALO CHICKEN SWEET POTATOES
GARLIC STEAK BITES

DAY 19

BEEF SPINACH FRITTATA
TACO CASSEROLE
BALSAMIC PORK CHOPS



DAY 20

STRAWBERRY POPPYSEED CHICKEN SALAD
CAULIFLOWER FRIED RICE
SALISBURY STEAK

DAY 21

AVOCADO EGG SALAD
SAUSAGE POTATO KALE SOUP
CHICKEN PARMESAN

WWW.ORGANICALLYADDISON.COM